

# June 2019 CVV MEMBER EVENTS

Register/Info: Call (805) 372-1826

Email <a href="mailto:cvv@conejovalleyvillage.org">cvv@conejovalleyvillage.org</a>

### Join us for these fun member events — REGISTER EARLY!

#### Registration Requested For All Events Please wear your name badge to the events!

Registration Requested For All Events	rease wear your name badge to the events:
6/9/19 (Sun.) 4:30-6:30  Birthday Bash Potluck! (M V)  Celebrate our CVV Members' and Volunteers' January through June birthdays! Party goers with birthdays July through December bring a salad or appetizer to share. Birthday cake provided by CVV.	6/11/19 (Tues.) 9:30-10:30  An Easy Paced Walk in The Park (M)  Join Julie for a Nature Walk. All abilities welcome! Enjoy wildflowers, fresh air and nature interpretation. Call Julie with any questions. 805-338-5885
6/12/19 (Wed.) 1:00-3:00  Mexican Train (M)  Jump aboard the Mexican Train! This fun game played with dominos will keep you entertained as you try to be the first to use all of your dominos on the train chain.	6/13/19 (Thurs.) 9:30-10:30 <u>Coffee and Conversation with Barbara</u> (M)  Come and enjoy coffee, breakfast if you choose, and conversation with fellow CVV Members at the Goebel Café.
6/13/19 (Thurs.) 1:45-3:30  Enriching Hour: A DVD Showing to Enlighten Us! (M)  From 1953-1959 Edward R. Murrow welcomed TV viewers into the homes of 20th century's most well-known stars and celebrities on 'Person to Person'. The DVD is the best of American icons interviews. Barbara Kellams House.	6/17/19 (Mon.) 5:30-6:30  Conejo Valley Village Book Club (M)  Join fellow CVV book lovers for our monthly book club. "The Piano Tuner" will be our book to read this month. Contact Barbara Balke for a copy of the book. Nancy Healey will be hosting.
6/18/19 (Tues.) TBD  Movie Matinee @ Janss with Nancy (M)  Keep up on the latest Movie Buzz! Enjoy a movie with fellow Villagers. Nancy will notify us a week before; which movie she has chosen. Stay tuned!	6/19/19 (Wed.) 1:00-3:00  Rummikub (M)  Join us for a game of Rummikub! We will teach you how to play this fun game that combines elements of rummy and mahjong.
6/20/19 (Thurs.) 6:00-9:00  Mystery Evening @ Sunland Winery (M)  Table by table magic to entertain even the most doubtful, followed by a unique show featuring a personalized blend of mind reading, comedy, mystery and magic. Sugo Italiano Food Truck.	6/24/19 (Mon.) 9:30-10:30  Mall Walk with Sharon (M)  Walk the mall with friends from CVV. Shopping and coffee as a reward afterwards.  Meet downstairs at Oaks Mall at Coffee Bean.
6/28/19 (Fri.) 3:00-4:00  Joy of Journaling (M)  Bring a notebook and pen for an enlightening hour of journaling. Explore your life stories, the stories others bring to their writing. Learn how to be more mindful and positive!	<b>7/7/19</b> (Sun.) 5:00-7:00 <u>CVV 4<sup>th</sup> of July Celebration Potluck!</u> (M V)  Let's Celebrate 4th of July together at Julie's home. JanJune birthdays bring a salad or appetizer and July-Dec. birthdays bring a dessert. (Note, date is not on the 4 <sup>th</sup> )

(M V G) Attendance Legend: M = Member, V = Volunteer, G = Guest

Register for an event online or call our Call Manager at **805-372-1826** to reserve your spot. See our online Events Calendar at <a href="www.conejovalleyvillage.org">www.conejovalleyvillage.org</a> for other Member Events and Community sponsored events. CVV events are subject to change and may have limited space.

Full Members: Remember to request transportation - Call us if you need a ride to an event.

Continued on other side....

#### ....Continued from other side

#### June Community Events - Bring your Friends!

(Note: These events are not sponsored by Conejo Valley Village)

#### 6/11/19 (Tues.) 5:00-8:00 – Tuesday Food Trucks at Los Robles Greens

Bring your blankets and beach chairs for seating in this beautiful outdoor venue and enjoy your food with music and games. Admission is FREE and beverages must be purchased.

#### 6/12/19 (Wed.) 6:00-8:00 - Ticket to Ride at Janss Marketplace

FREE CONCERT! Janss Marketplace is excited to host Ticket To Ride once again. Grab some grub in the food court, bring your favorite lounge chair, & jam to the best Beatles music!

#### 6/15/19 (Sat.) 12:00-3:30 (Half hour appointments). Nutrition Counseling – Goebel

Food and nutrition play a vital role in our overall health. Registered dietician, Teresa Diaz, will provide one-on-one assessments to aide in your nutritional needs. Call (805) 381-2744 for appointments.

#### 6/15/19 (Sat.) 7:00-8:00 - Saturdays Concerts in the Park - Berniece Bennett Park

Bring chairs and blankets for music under the stars. Platinum Groove Motown Soul Band will perform Motown hits. Food is available for sale from food truck vendors each week. All purchases are cash only. All events begin at 7 pm with food for purchase beginning at 6 pm.

#### <u>6/20/19 (Thurs.) 11:30-1:00 – Medicare Presentation – Goebel</u>

Learn about reasons why you should keep up to date with Preventative Services, Medicare 2—day-stay vs Long Term Medi-Cal, services provided by Medicare, as well as what's covered by Medicare. Call 805-381-2744 for reservations.

#### 6/25/19 (Tues.) 4:00 - 5:30 - Navigating Placement Choices - Senior Concerns

Seminar participants will learn how to find the right assisted living community, residential or memory care or independent community for themselves or a loved one. \$10 suggested donation.

#### 6/27/19 (Thurs.) 1:00-2:00 - Senior Burn Prevention - Goebel

Grossman Burn Foundation will be offering a workshop covering burn prevention, awareness, safety and first aid – as it applies to senior living and their caregivers. They will cover the relationship of falls, burns, as well as the differences in degrees of burns. Call 805-381-2744 for reservations.

## 6/28/19 (Fri.) 7:00-9:00 - City of Westlake Village TGIF Series - Musical Theater Classic Night - 31200 Oak Crest Dr. Westlake Village.

Enjoy Broadway favorites and sing along! 5-STAR THEATRICALS will perform. Food available for purchase from Food and Flame and Kona Ice.