

# December 2019 CVV MEMBER EVENTS

#### Register/Info:

Call (805) 372-1826

Email <a href="mailto:cvv@conejovalleyvillage.org">cvv@conejovalleyvillage.org</a>

# Join us for these fun member events - REGISTER EARLY!

**Registration Requested For All Events** 

Please wear your name badge to the events!

#### 12/11/19 (Wed.) 9:00-11:00

# An Easy Paced Walk in The Park (M)

Join Julie for a Nature Walk. <u>All Abilities</u> <u>Welcome!</u> Enjoy wildflowers, fresh air, conversation and nature interpretation. Location: Conejo Creek Park North, near the duck pond. Call Julie with any questions. 805-338-5885

# 12/12/19 (Thurs.) 2:00-3:30

# Dr. Irv Croshier's Man "Cave" Discussion Group (M)

Dr. Irving Croshier will have a support/personal discussion group in his home for CVV male members. Topics will be up to members.

# 12/16/19 (Mon.) 5:30-6:30 Conejo Valley Village Book Club (M)

Join fellow CVV book lovers for our monthly book club. This month's book is "Grandma Gatewood's Walk". Contact Barbara Balke for a copy of the book. Barbara Sontag will be hosting the book club at her house. Please let Barbara B. know if you are interested in joining the discussion group.

# 12/12/19 (Thurs.) 9:30-10:30

#### **Coffee and Conversation with Barbara (M)**

Want to get to know some of your fellow CVV members? Come and enjoy coffee, breakfast if you choose, conversation and a fair amount of laughs at the Goebel Cafe. We would love for you to join our little band of regulars!

# 12/16/19 (Mon.) 10:30-12:30

#### Rummikub (M)

Join us for a game of Rummikub! We will teach you how to play this fun game that combines elements of rummy and mahjong. Meet at Goebel Adult Center. (Check with the front desk for the location if you can't find the group.)

#### 12/17/19 (Tues.) 12:00-2:00

# CVV Holiday Celebration! (M V)

Let's celebrate the Holidays together! Join us for a complimentary luncheon for our Wonderful Members and Volunteers at Los Robles Greens.

There will be photo opportunities for those interested in taking photos with your friends!

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# 12/18/19/ (Wed.) 9:30-11:00

# Mall Walk with Sharon (M)

Walk the mall with friends from CVV. Meet downstairs at The Oaks Mall at Coffee Bean & Tea Leaf. Walk @ 9:30, Coffee @ 10:15. If you don't want to walk, meet us for coffee and chat.

# 12/27/19 (Fri) 3:00-4:00

# Joy of Journaling (M)

Bring a notebook and pen for an enlightening hour of journaling. Explore your life stories, and the stories others bring to their writing. Learn how to be more mindful and positive!

#### 1/9/20 (Thurs.) 3:30-5:00

# Cisco's Meet and Greet! (M V G)

Come one, come all to our first 2020 Meet and Greet! Bring someone who wants to learn about CVV! Let's enjoy food and friends and welcome the new year together! Happy Hour Prices!

#### 12/19/19 (Thurs.) 4:45-8:30

#### Ventura Harbor Holiday "Caroling" Cruise (MVG)

FA LA LA LA LA LA! Warm up your pipes with CVV Friends on a 1 hour Island Packers Caroling Cruise around Ventura Harbor. Laugh and enjoy serenading with joyful holiday tunes! Dress Warmly. \$13.

# 1/8/20 (Wed.) 9:30-11:00

# Mall Walk (Holiday calorie walk off!) (M)

Walk the mall with friends from CVV. Meet downstairs at The Oaks Mall at Coffee Bean & Tea Leaf. Walk @ 9:30, Coffee @ 10:15. If you don't want to walk, meet us for coffee and chat.

# Widows Support Group Pending in February (M)

Sharon Bloom, Ph.D, would like to meet with widows who are ready to move forward in their lives and would like to share experiences with others who are going through similar challenges.

If interested, call Sharon @ 818-917-3239.

#### (M V G) Attendance Legend: M = Member, V = Volunteer, G = Guest

Register for an event online or call our Call Manager at **805-372-1826** to reserve your spot. See our online Events Calendar at <a href="https://www.conejovalleyvillage.org">www.conejovalleyvillage.org</a> for other Member Events.

Full Members: Remember to request transportation - Call us if you need a ride to an event.

CVV events are subject to change and may have limited space.