



January 2020

CVV MEMBER EVENTS

Register/Info:

Call (805) 372-1826

Email cvv@conejovalleyvillage.org

Join us for these fun member events – REGISTER EARLY!

Registration Requested For All Events

Please wear your name badge to the events!

<p><u>1/8/20 (Wed.) 9:30-11:00</u></p> <p><u>Walk off those Holiday Calories!</u></p> <p><u>Mall Walk with Sharon (M)</u></p> <p>Walk the mall with friends from CVV. Meet downstairs at The Oaks Mall at Coffee Bean & Tea Leaf. Walk @ 9:30, Coffee @ 10:15. If you don't want to walk, meet us for coffee and chat.</p>	<p><u>1/9/20 (Thurs.) 3:00-5:00</u></p> <p><u>Cisco's Meet and Greet! (M V G)</u></p> <p>Come one, come all to our first 2020 Meet and Greet! Bring someone who wants to learn about CVV! Let's enjoy food and friends and welcome the new year together! Happy Hour Prices!</p>
<p><u>1/13/20 (Mon.) 1:00-3:00</u></p> <p><u>Rummikub (M)</u></p> <p>Join us for a game of Rummikub! We will teach you how to play this fun game that combines elements of rummy and mahjong. Meet at Goebel Adult Center. (Check with the front desk for the location if you can't find the group.)</p>	<p><u>1/16/20 (Thurs.) 9:30-10:30</u></p> <p><u>Coffee and Conversation with Barbara (M)</u></p> <p>Want to get to know some of your fellow CVV members? Come and enjoy coffee, breakfast if you choose, conversation and a fair amount of laughs at the Goebel Cafe. We would love for you to join our little band of regulars!</p>
<p><u>1/16/20 (Thurs.) 2:00-3:30</u></p> <p><u>Dr. Irv Croshier's Man "Cave"</u></p> <p><u>Discussion Group (M)</u></p> <p>Dr. Irving Croshier will have a support/personal discussion group in his home for CVV male members. Topics will be up to members.</p>	<p><u>1/20/20 (Mon.) 5:30-6:30</u></p> <p><u>Conejo Valley Village Book Club (M)</u></p> <p>Join fellow CVV book lovers for our monthly book club. This month's book is "A Man Called Ove". Michaela Johnson will be hosting the book club at her house. Contact Barbara Balke for a copy of the book and to let her know if you are interested in joining the discussion group.</p>

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<p><u>1/21/20 (Tues.) 1:00-3:00</u></p> <p><u>Mingle with CVV Members @ The Original Pizza Cookery (M)</u></p> <p>CVV Members will Mingle and Munch over lunch. Part of the proceeds will be donated to CVV!</p>	<p><u>1/23/20 (Thurs.) 1:45-3:30</u></p> <p><u>Enriching Hour: A DVD Showing to Enlighten Us! (M)</u></p> <p>Enlighten yourself about the Pioneers of Television. This PBS documentary series traces historical development about the genre of comedy in Television. Season 1, Sitcoms</p>
<p><u>1/24/20 (Fri.) 3:00-4:00</u></p> <p><u>Joy of Journaling (M)</u></p> <p>Bring a notebook and pen for an enlightening hour of journaling. Explore your life stories, and the stories others bring to their writing. Learn how to be more mindful and positive!</p>	<p><u>1/28/20 (Tues.) 9:00-11:00</u></p> <p><u>An Easy Paced Walk in The Park (M)</u></p> <p>Join Julie for a Nature Walk. <u>All Abilities Welcome!</u> Enjoy wildflowers, fresh air, conversation and nature interpretation. Location: Full Access Trail. South end of Moorpark Rd. Call Julie with any questions. 805-338-5885</p>
<p><u>1/29/20 (Wed.) TBD</u></p> <p><u>Movie Matinee @ Muvico-AMC with Nancy (M)</u></p> <p>Keep up on the latest Movie Buzz! Enjoy a movie with fellow Villagers. Nancy will notify us a week before which movie she has chosen. Stay tuned!</p>	<p><u>1/30/20 (Thurs.) 1:00-3:00 (M V)</u></p> <p><u>(Rescheduled from Oct.) Birthday Bash Potluck!</u></p> <p>If your birthday is from January to June bring a salad or appetizer to share. (July-Dec. enjoy the food celebrating your special days.) Dessert will be provided by CVV! (Don't worry, 1st half 2020 birthdays will be celebrated soon)</p>
<p><u>2/3/20 (Mon.) 1:00-3:00</u></p> <p><u>Rummikub (M)</u></p> <p>Join us for a game of Rummikub! We will teach you how to play this fun game that combines elements of rummy and mahjong. Meet at Goebel Adult Center. (Check with the front desk for the location if you can't find the group.)</p>	<p><u>2/5/20 (Wed.) 2:00-3:00</u></p> <p><u>Widows Support Group (M)</u></p> <p>Sharon Bloom, Ph.D, would like to meet with widows who are ready to move forward in their lives and would like to share experiences with others who are going through similar challenges. If interested, call Sharon @ 818-917-3239.</p>

(M V G) Attendance Legend: M = Member, V = Volunteer, G = Guest

Register for an event online or call our Call Manager at **805-372-1826** to reserve your spot. See our online Events Calendar at www.conejovalleyvillage.org for other Member Events.

Full Members: Remember to request transportation - Call us if you need a ride to an event.

CVV events are subject to change and may have limited space.